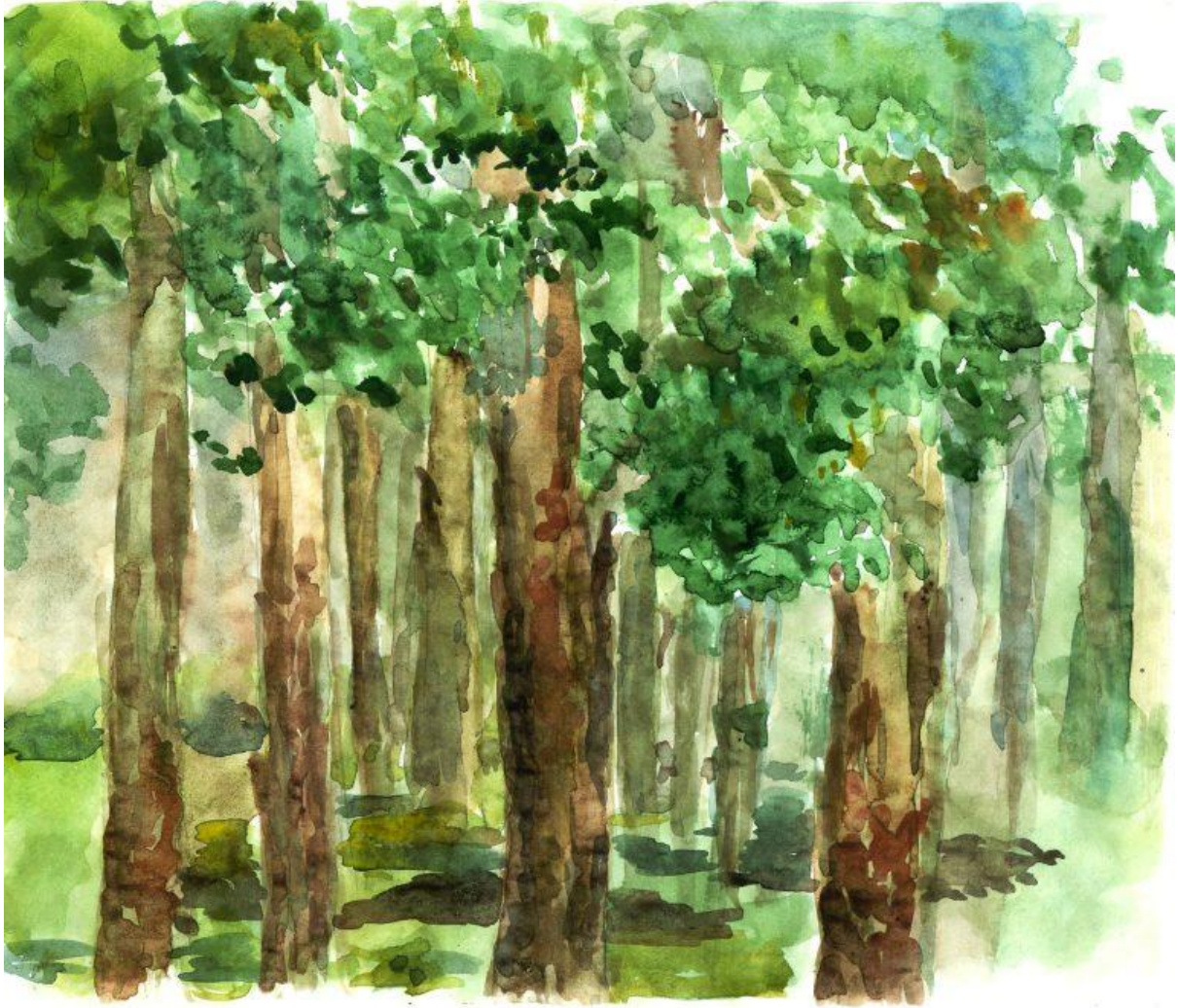


Wings and Canopies

Three Workshops in October and November for Developing Naturalist Skills and Knowledge about Trees, Birds, Bush Crafts and Plant Medicines.



Are you interested in learning more about the local flora and fauna in our area?

Are you longing to participate in and co-create a community of local naturalists and nature connection learners?

Do you sometimes walk in the forest and wish you knew what birds you are hearing and trees you are seeing?

We have designed workshops for you.

Contact Heidi artworthcamp@gmail.com

Join us for outdoor workshops filled with activities that will change the way you walk through the forest.

Some people today recognize more consumer brands than they do the trees in their area.

People are starting to recognize that a lack of connection to nature can negatively affect our connections to ourselves and others. We see an opportunity to come together as a community and re-discover natural wisdom.

These workshops, with two trained facilitators and other participants like you from our community, will help you to read the forest like a book and see the connections and interactions taking place.

How do I know if the workshop series is for me?

1. You live in or near Trent Hills or Northumberland County or you are planning to move here.
2. You have always wanted to be able to identify local trees and birds and know more about their unique gifts and behaviours.
3. You want to connect and build community with others who share your desire to learn about trees, birds, bush skills, and plant medicines.

What results can I expect?

1. You will start to see things you have never noticed before and break down the homogenous 'wall of green' that most people experience when looking at the forest.
2. You will have new language to describe the different species you encounter in the forest, as well as language to describe what makes them unique.
3. You will feel part of a community of people on a similar path who also want to continue their life-long journey of connecting deeply to nature.

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4. You will understand the trials faced by the many living beings in your community and how you can support them.

Three Workshops to Choose From:

Each workshop can be taken on its own or as part of a series. The workshops start at 10:30 and run until 3:00 (with a short break for lunch).

Workshops include guided naturalist walks, facilitated group conversations, nature journaling, fire crafting and medicine making with plants. To enrich your learning experience, short, optional activities to practice in your own backyard between sessions will be provided.

Workshop 1: Sunday October 6th, 10:30-3:00 PM

Patterns of Trees: Branches and Leaves

We will be exploring how leaf structures and branch patterns play an important role in the identification of tree species.

We will spend time on the land learning about native and non-native trees and some of their unique gifts.

We will make tea from trees, a vital human survival skill.

You will begin a nature journal to keep track of your learning and observations.

Workshop 2: Sunday October 20th, 10:30-3:00 PM

Patterns of Birds: Beaks and Behaviors

Together we will embark on a 'bird sit,' a key tool in understanding bird behaviors and bird language.

We will explore both bird identification tools as well as how to interpret and understand bird behaviors.

We will learn about bird language as a vital tool in understanding what is happening in the forest around us.

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Workshop 3: Sunday November 2nd, 10:30-3:30

Bush Crafts and Medicine Making

In this session we will learn about the ancient arts of fire tending and medicine making. We will explore how to build, tend, and light a fire using ancient and modern methods.

You can also expect to learn about the unique medicines that come from plants. We will integrate ourselves into our learning by making plant medicines to take home.

You will have the opportunity to share some of what you have recorded in your nature journal if you would like to.

Cost: The cost per workshop is \$50.00 and there is a 15% discount (\$42.50) until September 15th. If you find the cost a barrier to participation, please let us know.

[Click here](#) to register.

Your Facilitators

Lucas Donald

Lucas is a teacher, outdoor guide and avid naturalist living in the Trent Hills area. He has apprenticed under several naturalists, wildlife trackers and herbalists in Ontario. He has been teaching naturalist knowledge and wilderness skills for over ten years in many contexts, from classrooms to wilderness expeditions. He participates in and maintains a community of on-going learners who help each other explore and understand the natural world.

Heidi Schaeffer

Heidi moved to a reforested farm north of Campbellford in 1997 with her partner, Russ Christianson, and two young children. She has a degree in environmental studies and a master's in Adult Education. Heidi studied at The Living Earth School of Herbalism and has been making plant medicines for over 25 years. She is a founder (2005) and director of Artworth, Trent Hills Arts and Nature Camp, and is growing a Whole Learning Alliance. Heidi is driven by a commitment to equity, inclusion, decolonizing practices, and reconciliation. Her purpose is growing community leadership and actions for a flourishing and sustainable future.

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